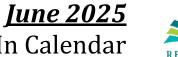


Canadian Mental Health Association Hamilton Mental health for all



Peer Support Drop In Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 CARDS	4	5	6 DONUT DAY DONUT DAY	7
8	9	10 RANDOM ACTS OF KINDNESS Kinghess Magic	11	12	13 SPORTS DAY 2 22 2 2 2 2 4 3 8 6 2	14
15 FATHER'S DAY	16	17 RESOURCES	18	19	20 MOVIE DAY	21
22	23	24 ORIGAMI	25	26	27 THERAPY TAILS THERAPY	28
29	30					

Open: Tuesday & Friday – 1pm to 3:30pm