

April 2025

EVENING SOCIAL RECREATION REHABILITATION PROGRAM
 A program of the Canadian Mental Health Association - Hamilton Branch

Tuesday	Wednesday	Thursday	Friday
Central Memorial Recreation Centre 93 West Ave. S.	Central Memorial Recreation Centre 93 West Ave. S.	Central Memorial Recreation Centre 93 West Ave. S.	Pinky Lewis Recreation Centre 192 Wentworth St. N
6 to 8 p.m.	6 to 8 p.m.	6 to 8 p.m.	6 to 8 p.m.
1 April Fools Day Jokes 	2 Boggle Night 	3 Mindfulness Colouring 	4 Guess the Commercial Game 
8 Pancake Social 	9 Music Night 	10 Spring Into Art Craft 	11 Table Top Games 
15 Movie Night 	16 Skip-Bo Night 	17 Egg Colouring 	18 No Program
22 Pizza Night 	23 Board Games 	24 Spring Word Scramble 	25 Signs of Spring Scavenger Walk @ Gage Park  Meet at Gage and Main @ 6 p.m.
29 DIY Flower Pots 	30 Card Night 		 Hamilton  United Way Halton & Hamilton

		BARTON							
		CANNON		B					
JOHN	WELLINGTON	VICTORIA	WENTWORTH	SANFORD	SHERMAN	GARFIELD	FAIRHOLT	BARNESDALE	
		KING							
		MAIN							
	JACKSON	WEST AVE. C				BLAKE	ASHFORD	SPRINGER	
	HUNTER								
	X						MAPLEWOOD		
	YOUNG	STINSON							

THE EVENING SOCIAL RECREATION REHABILITATION PROGRAM

- C** **Tuesday** **Central Memorial Recreation Centre**
6-8 pm **93 West Avenue South**
- C** **Wednesday** **Central Memorial Recreation Centre**
6-8 pm **93 West Avenue South**
- C** **Thursday** **Central Memorial Recreation Centre**
6-8 pm **93 West Avenue South**
- B** **Friday** **Pinky Lewis Recreation Centre**
6-8 pm **192 Wentworth Street North**
- X** **Canadian Mental Health Association**
131 John St. S
(905) 521-0090 Ext. 238

**** Times and locations may vary depending on program. See calendar for time and location changes.****