

☘ March 2025 ☘

EVENING SOCIAL RECREATION REHABILITATION PROGRAM
 A program of the Canadian Mental Health Association - Hamilton Branch

Tuesday	Wednesday	Thursday	Friday
Central Memorial Recreation Centre 93 West Ave. S.	Central Memorial Recreation Centre 93 West Ave. S.	Central Memorial Recreation Centre 93 West Ave. S.	Pinky Lewis Recreation Centre 192 Wentworth St. N
6 to 8 p.m.	6 to 8 p.m.	6 to 8 p.m.	6 to 8 p.m.
4 Ice Cream Day 	5 Movie Night 	6 Luck of the Irish Craft 	7 Game Night 
11 Leprechaun Bingo 	12 Skip-bo Night 	13 Pot of Gold Word Search 	14 St. Paddy's Treats 
18 I Spy Activity 	19 Board Game's 	20 Mindfulness Colouring 	21 Java Jog  Meet at McDonalds across from Gage park at 6:00 p.m.
25 Spring Seed Planing 	26 Boggle Night 	27 Abstract Painting 	28 Popcorn Night 
			

		BARTON							
		CANNON		B					
JOHN	WELLINGTON	VICTORIA	WENTWORTH	SANFORD	SHERMAN	GARFIELD	FAIRHOLT	BARNESDALE	
		KING							
		MAIN							
	JACKSON	WEST AVE. C				BLAKE	ASHFORD	SPRINGER	
	HUNTER								
	X						MAPLEWOOD		
	YOUNG	STINSON							

THE EVENING SOCIAL RECREATION REHABILITATION PROGRAM

- C** Tuesday 6-8 pm Central Memorial Recreation Centre
93 West Avenue South
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- C** Thursday 6-8 pm Central Memorial Recreation Centre
93 West Avenue South
- B** Friday 6-8 pm Pinky Lewis Recreation Centre
192 Wentworth Street North
- X** Canadian Mental Health Association
131 John St. S
(905) 521-0090 Ext. 238

**** Times and locations may vary depending on program. See calendar for time and location changes.****