

February 2025

EVENING SOCIAL RECREATION REHABILITATION PROGRAM
 a program of the Canadian Mental Health Association - Hamilton Branch

Tuesday	Wednesday	Thursday	Friday
Central Memorial Recreation Centre 93 West Ave. S.	Central Memorial Recreation Centre 93 West Ave. S.	Central Memorial Recreation Centre 93 West Ave. S.	Pinky Lewis Recreation Centre 192 Wentworth St. N
6 to 8 p.m.	6 to 8 p.m.	6 to 8 p.m.	6 to 8 p.m.
4 Chocolate Social 	5 Jewelry Making 	6 Card Games 	7 Trivia Night 
11 Bingo 	12 Mindfulness Colouring 	13 Valentine Card Making 	14 Winterfest Hub  Love in Lights + Art Crawl Meet at King and James at 5:30 p.m.
18 Board Games 	19 Movie Night 	20 Cookie Social 	21 Word Puzzles 
25 Coffee Social 	26 Paint Night 	27 Skip-Bo Night 	28 Music Night 
	 <p>happy february!</p>		

		BARTON							
		CANNON		B					
JOHN	WELLINGTON	VICTORIA	WENTWORTH	SANFORD	SHERMAN	GARFIELD	FAIRHOLT	BARNESDALE	
		KING							
		MAIN							
	JACKSON	WEST AVE. C				BLAKE	ASHFORD	SPRINGER	
	HUNTER								
	X						MAPLEWOOD		
	YOUNG	STINSON							

THE EVENING SOCIAL RECREATION REHABILITATION PROGRAM

- C** Tuesday 6-8 pm Central Memorial Recreation Centre
93 West Avenue South
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- C** Thursday 6-8 pm Central Memorial Recreation Centre
93 West Avenue South
- B** Friday 6-8 pm Pinky Lewis Recreation Centre
192 Wentworth Street North
- X** Canadian Mental Health Association
131 John St. S
(905) 521-0090 Ext. 238

**** Times and locations may vary depending on program. See calendar for time and location changes.****