



Canadian Mental Health Association  
Hamilton  
Mental health for all

# December 2024 Peer Support Drop In Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3 Letters To Santa 	4	5	6 Closed 	7
8	9	10 Wellness Planning 	11	12	13 Christmas Movie Day 	14
15	16	17 Christmas Checklist & Therapy Tails 	18	19	20 Christmas Craft 	21
22	23	24 Christmas Eve Closed 	25 Christmas Day 	26 Boxing Day 	27 Closed 	28
29	30	31 New Years Eve Closed 				

***Open: Tuesday & Friday - 1pm to 4pm***