





















October 2024

EVENING SOCIAL RECREATION REHABILITATION PROGRAM
 A program of the Canadian Mental Health Association - Hamilton Branch

Tuesday	Wednesday	Thursday	Friday
Central Memorial Recreation Center	Central Memorial Recreation Center	Central Memorial Recreation Center	Pinky Lewis Recreation Center
93 West Ave. S.	93 West Ave. S.	93 West Ave. S.	192 Wentworth St. N
6 to 8 p.m.	6 to 8 p.m.	6 to 8 p.m.	6 to 8 p.m.
1 Apple Social 	2 Autumn Word Search 	3 Game Night 	4 UNO Challenge 
8 Pie Social 	9 Fall Colouring 	10 Gratitude Activity 	11 Coffee Social  Meet at McDonalds on Gage at 6 p.m.
15 SKIP-BO Extravaganza 	16 Movie Night 	17 Halloween Activity Pages 	18 Vampire Dice Game 
22 BINGO 	23 Spooky Story Social 	24 Halloween Treats 	25 Guess the Spooky Tune! 
29 Trivia! 	30 Halloween Craft 	31 HALLOWEEN SOCIAL 	

		BARTON							
		CANNON		B					
JOHN	WELLINGTON	VICTORIA	WENTWORTH	SANFORD	SHERMAN	GARFIELD	FAIRHOLT	BARNESDALE	
		KING							
		MAIN							
	JACKSON	WEST AVE. C				BLAKE	ASHFORD	SPRINGER	
	HUNTER								
	X								
	YOUNG	STINSON					MAPLEWOOD		

THE EVENING SOCIAL RECREATION REHABILITATION PROGRAM

- C** Tuesday 6-8 pm Central Memorial Recreation Centre
93 West Avenue South
- C** Wednesday 6-8 pm Central Memorial Recreation Centre
93 West Avenue South
- C** Thursday 6-8 pm Central Memorial Recreation Centre
93 West Avenue South
- B** Friday 6-8 pm Pinky Lewis Recreation Centre
192 Wentworth Street North
- X** Canadian Mental Health Association
131 John St. S
(905) 521-0090 Ext. 238

**** Times and locations may vary depending on program. See calendar for time and location changes.****