

TAMI SPEAKER APPLICATION



Canadian Mental
Health Association
Hamilton
Mental health for all

Please complete and submit the following application to be considered as a speaker for CMHA Hamilton's TAMI (Talking About Mental Illness) Program.

Name:

Phone Number:

Email:

Address:

Transportation: The TAMI program primarily operates in person with some opportunities for virtual sessions, what is your capacity to travel around the Hamilton region?

Schedule: CMHA primarily operates Monday – Friday from 8 – 4:30, with the occasional possibility of evening and weekends, what is your availability on a typical week?

For the following questions, please answer in 200 words or less:

1. As a TAMI speaker you will be co-facilitating each session publicly with a CMHA facilitator. Please tell us about your experience with public speaking:

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2. The TAMI program features individuals with lived experience of mental illness/ substance use disorders, can you please briefly describe your experience?

3. What makes your story unique and what message do you hope to convey while sharing your experience with others?

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4. What does recovery mean to you and how does that integrate into your story?

5. Some of the TAMI sessions are provided virtually; what is your comfortability level with accessing technology? Do you have a working computer and the ability to access/ present over Zoom and/or other virtual formats?

Please save your application as your first & last name and submit to:

Mikaela Ivanco – mivanco@cmhahamilton.ca OR

Allie Myers – amyers@cmhahamilton.ca