

January

EVENING SOCIAL RECREATION REHABILITATION PROGRAM

Tuesday	Wednesday	Thursday	Friday
CENTRAL MEMORIAL REC. CENTRE 93 West Ave. S	RYERSON CHURCH 842 Main St. E	CENTRAL MEMORIAL REC. CENTRE 93 West Ave. S.	RYERSON CHURCH 842 Main St. E
5:30 to 7:30 pm	5:30 to 7:30 pm	5:30 to 7:30 pm	5:30 to 7:30 pm
HAMILTON COMMUNITY FOUNDATION 	1.  — No Program —	2. Coffee House Night 	3. Art Gallery of Hamilton Meet at: 123 King St. West
7. What's your New Years Resolution? 	8. SKIP-BO Tournament! 	9. Baking Mini Pizza Night! 	10. Mindfulness Coloring 
14. Scrapbooking  Feel free to bring in your own photo album &/or photos!	15. High Tea Night 	16. Cards & Chats 	17. Open Game Night 
21. Making Coffee Mug Candles  Bring in a coffee mug &/or tea cup (if you can)	22. Winter Walk  Meet at: Main & Gage	23. Pictionary 	24. Open Mic / Lip Sync Battle 
28. Movie Night! 	29. Mandala Art 	30. Music Night  Bring in your favorite CD	31. Bingo Night  Doors open at 6:00p.m

NEED MORE INFORMATION? CALL 905 - 521-0090 x 265 MONDAY TO FRIDAY

		BARTON						
		CANNON		□				
JOHN	WELLINGTON	VICTORIA	WENTWORTH	SANFORD	SHERMAN	GARFIELD	FAIRHOLT	BARNESDALE
		KING						
		MAIN						
	JACKSON	WEST WEST AVE.				BLAKE	ASHFORD	□ B
	HUNTER							SPRINGER
	□ X		□ C					
	YOUNG	STINSON					MAPLEWOOD	

THE EVENING SOCIAL RECREATION REHABILITATION PROGRAM

- C** **Tuesday** **Central Memorial**
5:30-7:30pm **93 West Ave. S.**
- B** **Wednesday** **Ryerson Church**
5:30-7:30pm **842 Main Street. E.**
- C** **Thursday** **Central Memorial**
5:30-7:30pm **93 West Ave. S.**
- B** **Friday** **Ryerson Church**
5:30-7:30pm **842 Main Street. E.**
- X** **Canadian Mental Health Association**
131 John St. S
(905) 521-0090